

# Winter PE Bingo

NAME: \_\_\_\_\_

TEACHER: \_\_\_\_\_

\*\*CHOOSE 5 EXERCISES TO MAKE A BINGO (5 IN A ROW)\*\*

B	I	N	G	O
BUILD A SNOWMAN	MAKE A PICTURE IN THE SNOW	TAKE A WALK OUTSIDE	BUILD A BLANKET FORT INSIDE	DO 10 PUSH-UPS
MAKE 10 SNOW ANGELS	DO 10 JUMPING JACKS	MARCH 20 STEPS IN THE SNOW	DO 10 SQUATS	MAKE A SNOWBALL AS TALL AS YOU
MAKE 10 SNOWBALLS	THROW 10 SNOWBALLS AT A TREE	<b>FREE CHOICE</b>	BUILD A SNOW FORT	DO 10 LUNGES
DO 10 BURPEES	MAKE A SNOW CATERPILLAR	DO 1 MINUTE A PLANK	PLAY OUTSIDE FOR 15 MINUTES	SKIP FOR 30 SECONDS
GO SLEDDING FOR 15 MINUTES	DO 10 SQUAT JUMPS	ROLL DOWN A SNOWY HILL 2 TIMES	MAKE A SNOW DOG	DO 10 SIT-UPS